



Yield Newsletter – February 2017

Dear Yield members,

In this Newsletter, we would like to update you on Yield news and activities.

News

The Future of Yield: Self-regulation

The aim of this year's Yield-day was to brainstorm about an overarching Yield research project for the coming years. Within this overarching project, we aim to cover all Yield disciplines by participation of all research groups, and to collaborate with Sarphati Amsterdam and use their infrastructure and cohort data. A summary of the ideas from the brainstorm session was presented in the February Newsletter (<http://cde.uva.nl/research/rpa-yield/about.html>).

To further develop these ideas, a small-group meeting was organized with representatives from each research group within Yield. Out of all the suggestions from the brainstorms, self-regulation came up as an ideal broad and overarching topic in this meeting. Self-regulation is a topic of research in all research groups, approached from different perspectives and expertise.

The overall research project will consist of several subprojects with new Yield PhD students and/or postdocs. The focus of the overarching Yield project will be on fundamental experimental research as well as intervention research, either in educational, clinical, hospital, or family settings. For instance, lab studies and micro-trials may identify the mechanisms underlying self-regulation and the extent to which these can be strengthened. In turn, these results can inform interventions that aim to improve self-regulation and its consequences in schools or at-risk populations.

Some examples of research questions that were discussed:

- Links between self-regulation and motivation and how these relate, for example, to concentration span in children and youth. This is especially relevant because children and youth (and even adults) are increasingly confronted with the attentional demands of the internet and screens (e.g., ipad, computer, and smartphone). An important question that could be investigated is whether and how screen time is related to self-regulation and concentration span;
- A related question is whether the use of computerized aids in developing school-related skills such as mathematics (e.g., 'Rekentuin/oeffentuin') are related to the development of self-regulation, and whether either computerized aids or books are better for the development of self-regulation;
- Why is it that some parents stay calm while under stress and some parents are less able to regulate their emotions and behaviour? How does parental over- or underregulation affect the development of self-regulation in children?
- Treatment adherence is crucial in clinical settings. Can treatments aimed at self-regulation and motivation enhance therapy loyalty?

- How far do the effects of improved self-regulation reach? This subproject could potentially lead to the development of a transdiagnostic psychosocial intervention to improve self-regulation to affect a multitude of outcomes for which self-regulation is important (e.g., smoking cessation, decreasing alcohol use, parenting behaviour, and psychopathologies).

The Yield PI's will be contacted to discuss these and other multidisciplinary research questions for this joint Yield project.

Kind regards, on behalf of the Yield team
Frans Oort, Mariëlle de Reuver and Helle Larsen

Yield activities

Symposia and lectures

CAS-Symposium: "Adolescents' and young adults' risk behavior in (social) context"

Tuesday 18th April 2017, Boothzaal, Utrecht

Programme:

- 13.00 - 13.30 Registration + coffee/tea
- 13.30 - 14.15 Keynote: Dr. Allecia Reid (Fulbright Fellow, Colby College, USA), *Peer influence on alcohol use: Why it matters and what can be done about it.*
- 14.15 - 14.40 Martine Groefsema (MSc, Radboud University Nijmegen), *Young adults' drinking in the (social) context.*
- 14:45 – 15.00 Coffee-tea break
- 15.10: - 15:25 Rapid communication: Dr. Helle Larsen (University of Amsterdam)
- 15:25 - 15:40 Rapid communication: Dr. Margot Peeters (Utrecht University)
- 15:45 - 16:10 Dr. Ivy Defoe (University of Pennsylvania, USA) , *Siblings versus parents and friends: longitudinal linkages to adolescent externalizing problems.*
- 16.10 - 16:30 Wrapping up and drinks

Participation is free. Registration: https://docs.google.com/forms/d/e/1FAIpQLSdptTd-8segFI4bYLbyOfzEGmGrZ_g4myGfSOjYBwGZUZxgiQ/viewform

Conference to celebrate the 10 year existence of the Forensic Youth Care programme [in Dutch]: "Als justitieel ingrijpen dreigt"

Vrijdag 19 mei 2017, REC C1.04, Amsterdam

Het programma begint om 13:00 uur met een plenair gedeelte waarbij prof. dr. Geert Jan Stams, hoogleraar in de Forensische Orthopedagogiek het congres opent. Daarna volgt een keynote lezing van prof. dr. Bessel van der Kolk, oprichter en directeur van het Trauma Center in Brookline, Massachusetts. Bessel van der Kolk wordt internationaal gezien als autoriteit op het gebied van psychologisch trauma bij kinderen, jongeren en jongvolwassenen. Daarnaast zullen 10 professionals werkzaam in het veld van de Forensische Orthopedagogiek interactieve workshops verzorgen.

Het FO-congres is bedoeld voor studenten, alumni van de opleiding Forensische Orthopedagogiek, onderzoekers, beleidsmedewerkers en professionals werkzaam in de (klinische) praktijk.

Deelname en inschrijving: <http://fo-congres.webnode.nl/>

Het tarief voor studenten bedraagt € 15,00 inclusief BTW (collegekaart verplicht bij registratie) en voor overige deelnemers bedraagt € 50,00 inclusief BTW.

Overview of Yield meetings

Childhood education and family support

Biweekly colloquia are held. Ongoing research is presented and discussed. Contact: Alithe van den Akker (A.L.vandenAkker@uva.nl)

Brain & Cognition

Biweekly colloquia are held (see <http://www.dutcharc.nl/links/labmeetings/>). Contact: Marie Deserno (m.k.deserno@uva.nl)

Education and Instruction, learning processes and child development

Education organises 'Educational Science Colloquia' approximately bimonthly. These meetings consist of presentations of research and occasionally external speakers are invited. Contact: Remmert Daas (R.J.M.Daas@uva.nl)

Education and Instruction, learning processes and child development also have combined colloquia which are held monthly. In these meetings, ongoing research is presented and research proposals are discussed. Contact: Madelon van den Boer (M.vandenBoer@uva.nl)

Developmental psychology and Developmental and parenting problems

Combined OOP (Susan Bögels' lab)/ADAPT (Reinout Wiers' lab) colloquia are held once a month. Here ongoing research is presented and discussed. Contact: Bram van Bockstaele (B.D.vanBockstaele@uva.nl)

Code – P colloquia are held biweekly (Hilde Huizenga's lab and Maartje Raijmakers' lab). In these meetings, research is presented and discussed. Contact: Daan van Renswoude (D.R.vanRenswoude@uva.nl)

AMC Pediatric Psychologie Kennisoverdracht Bijeenkomst

These are monthly research meetings, often with (external) presentations. The meetings are held on the third Tuesday of the month from 12:00-13:00. Contact: Marieke de Vries (marieke.devries@amc.uva.nl)

Tinbergen Institute

The Tinbergen Institute is the research institute and graduate school of the economist from the UvA, VU and EUR. These are open seminars where Yield researchers are welcome. The topics are rather broad. Contact: Nienke Ruis (N.M.Ruijs@uva.nl)

Psychometrics: Methods & Statistics (POWL) and Psychological Methods (Psychology)

Combined M&S (POWL) and PM (Psychology) monthly meetings on Psychometrics. Fridays 16:00-17:00. Contact: Andries van der Ark (L.A.vanderArk@uva.nl)